



Jernigan Surgery Clinic, PLLC

Ultrasound Preps

ABDOMEN/GALLBLADDER/RUQ ULTRASOUND:

Nothing to eat or drink for 6-8 hours prior to exam. If you have to take medicine during this time, drink only water and just enough to swallow the medication.

PELVIC ULTRASOUND:

Drink 32 oz. of water 1 hour before appointment time. Finish the water within a 20 minute time frame (force drink). This pushes the water to your bladder when you drink it fast. DO NOT EMPTY YOUR BLADDER. DO NOT GO TO THE BATHROOM until the ultrasound is performed.

If you are scheduled to have an abdomen and pelvic ultrasound at the same appointment time:

Do not eat or drink anything for 6-8 hours before the exam time. Then 1 hour before the appointment time, have 32 oz. of water only. Force drink the water within a 20 minute time frame. Do not empty bladder. Do not go to the bathroom until the ultrasounds are complete.

ALL OTHER ULTRASOUNDS DO NOT NEED PREPS

Carotid	Echocardiogram	Thyroid	Renal
Aorta	Transvaginal	Venous Doppler	Arterial Doppler
Soft tissue	Obstetrical 13 weeks and above		